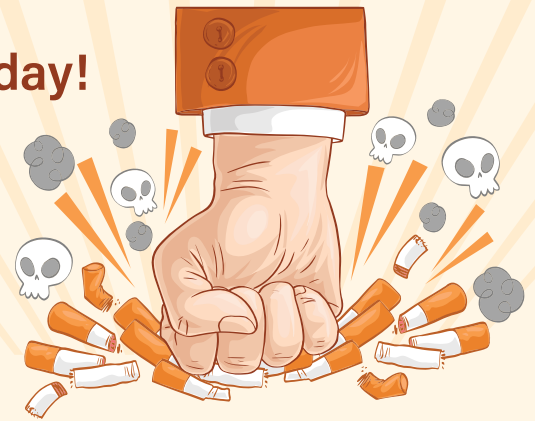


# 31<sup>st</sup> May is World No Tobacco Day!

Encourage your relatives, friends, and colleagues to give up smoking today!

We could tell you the dangers of using Tobacco. We could tell you about the long-term ill effects of Tobacco.



But then, we know that **YOU** already know this!

## QUIT TODAY

Reduce these risks and start living a healthy life.

Why should you quit smoking in these COVID times and encourage others too?



Smokers have a higher risk of getting coronavirus because they are constantly putting their hands to their lips.

And then, if they get coronavirus, they run a greater risk of getting other severe diseases because their lung function is impaired.



You can make every day of your life a **NO TOBACCO DAY.**

#OneAgainstCovid