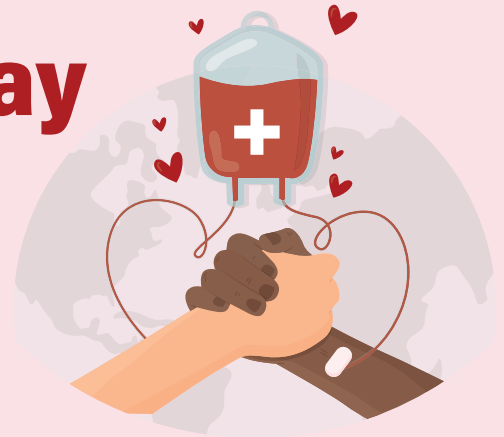


World Blood Donor Day

“Give blood and keep the world beating.”






The slogan signifies how blood donors keep the world going by saving lives and improving the health of others

Safe blood and blood products, and their transfusion are a critical aspect of medical care. They save millions of lives and improve the health and quality of life of many patients every day. The need for blood is universal, but access to blood for all those who need it, is not. Blood shortages are particularly acute in the current times, due to the irrational focus on convalescent plasma. To ensure that everyone who needs safe blood has access to it, we need voluntary, unpaid donors who give blood regularly.

14th June

Blood Donation: A Gift of Life

In these pandemic times, blood can be donated by an eligible individual :-

-  28 days post-COVID recovery or discharge from a treating facility
-  28 days after home isolation ends
-  14 days after any dose of a vaccine



Am I eligible to donate blood?

- ✓ In good health, mentally alert, physically fit
- ✓ Age > 18 years , < 65 years
- ✓ Weight > 45 kg

Interval between donations

- ✓ For men – 3 months
- ✓ For women – 4 months

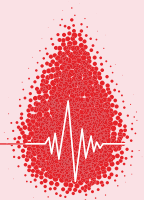
For women

- ✓ Defer 6 months post abortion
- ✓ Defer during breastfeeding
- ✓ Defer 1 year post delivery
- ✓ Defer during menstruation

Those with high risk behaviour, placing them at risk of HIV/Hepatitis B infection/STDs - *Permanently defer*

Licensed Blood Banks stock only Safe Blood

Donated blood is screened for HIV, HBV, HCV, Malaria, Syphilis



Don't Hesitate, Donate (Blood)!

#OneAgainstCovid