



Together, let's halt this pandemic!

1 Key Message for each of us to assimilate and disseminate

Don't Hesitate, Vaccinate!

- **Coronavirus vaccines are safe and effective.**

For everyone above the age of 18 years, including breastfeeding and pregnant women. (Studies are now being done on safety in children, too.) The more people who receive the vaccine, the more protected we are. Get vaccinated yourself and encourage others, too.

- **You cannot get COVID-19 from the vaccine.**

This is not possible as the vaccines do not have the disease-causing coronavirus. Coronavirus vaccines have only a small part of the virus, which cannot cause COVID.



- **Coronavirus vaccines protect you from severe disease.**

You can still get infected, however, the infection will be milder as per latest evidence and research. Vaccines are useful even against the newer variants of coronavirus.

- **You should get the vaccine even if you have had COVID-19 already.**

You should take the vaccine after 90 days from recovery from COVID-19. The immunity you will receive from the vaccine is different from the body's immune response to disease.

**Let each one of us
resolve to reach many!
Let us be the Change
that we want to see.**

- **Believe only verified authentic information about vaccination and its side effects.**

Trust only verified and reputed sources or professionals. Do not blindly believe what you read on social media without verifying for yourself the source of messages or information.

