



Menstrual Hygiene Day

28th May

#ItsTimeForAction

Poor menstrual hygiene caused by a lack of education on the issue, persisting taboos, and stigma, limited access to hygienic menstrual products, and poor sanitation infrastructure undermines the educational opportunities, health, and overall social status of women and girls around the world.

As a result, millions of women and girls are kept from reaching their full potential.



Periods are nothing to hide.
Together, we can end the
'Period Stigma'.



Women can take the Coronavirus vaccine even during their menstrual periods.

#OneAgainstCovid

28/05/2021