



Together, let's halt this pandemic.

The Power of One! 5 Key Messages for individuals

2

Early recognition and referral when feeling unwell

Recognise fever.
Recognise breathing difficulty

3

Wash your hands frequently!

Soap and water work best

4

Follow respiratory etiquette

Do not let people spit indiscriminately.
Wear a mask properly

1

Believe only in 'Correct' sources of information

Rely on authentic and verified information. Do not 'forward' blindly



5

Practice physical distancing

2 gaj ki doori

Let us empower our society!

2 Key Messages about infection and vaccination

Of those who have been infected. | Of those who have recovered.
Of those who have been vaccinated

1

Avoid stigmatisation

2

Avoid discrimination



We shall overcome!

1 Key Message for each of us to assimilate and disseminate

1

Don't Hesitate, Vaccinate!



Let each one of us resolve to teach many! Let us be the change that we want to see.

#OneAgainstCovid